

Zest Swim Timetable

Stokesley Leisure Centre

Accurate as of 17/05/2025

Times for Wednesday 21 March



Time	Session	Facility	Level
06:30 - 09:00	General Lanes	Main Pool	Lanes Available
09:30 - 10:15	Aquafit	Main Pool	
10:30 - 11:15	Adult Lessons	Main Pool	
11:30 - 13:00	Adult Swim (L2)	Main Pool	Lanes Available
14:00 - 15:30	General Swim	Teaching Pool	
15:45 - 18:15	Junior Lessons	Main Pool	
15:45 - 18:45	Junior Lessons	Teaching Pool	