# Fitness sessions timetable Beverley Road Baths 

| Times for Tuesday 30 July |  |  |
| :--- | :--- | :--- |
| Time | Session | Facility |
| $6: 30 \mathrm{am}-9: 00 \mathrm{pm}$ | Gym Open to Public | Gym |
| $8: 00 \mathrm{pm}-8: 45 \mathrm{pm}$ | Aqua fitness | Large pool |
| $8: 00 \mathrm{pm}-9: 00 \mathrm{pm}$ | Family Gym | Gym |

