

# Fitness sessions timetable

## Beverley Road Baths

Accurate as of 10/08/2024

### Times for Friday 16 August



Time	Session	Facility
6:30 am - 9:00 pm	Gym Open to Public	Gym
11:00 am - 11:45 am	Aqua fitness	Large pool
8:00 pm - 9:00 pm	Family Gym	Gym