

Fitness sessions timetable

Beverley Road Baths

Accurate as of 17/08/2024

Times for Friday 23 August



| Time | Session | Facility |
|---------------------|--------------------|------------|
| 6:30 am - 9:00 pm | Gym Open to Public | Gym |
| 11:00 am - 11:45 am | Aqua fitness | Large pool |
| 8:00 pm - 9:00 pm | Family Gym | Gym |