## Fitness sessions timetable Beverley Road Baths

## Accurate as of 04/09/2024

| Times for Friday 30 August |                    |            |
|----------------------------|--------------------|------------|
| Time                       | Session            | Facility   |
| 6:30 am - 9:00 pm          | Gym Open to Public | Gym        |
| 11:00 am - 11:45 am        | Aqua fitness       | Large pool |
| 8:00 pm - 9:00 pm          | Family Gym         | Gym        |