

Fitness sessions timetable

Beverley Road Baths

Accurate as of 12/09/2024

Times for Wednesday 18 September



Time	Session	Facility
6:30 am - 8:00 am	Family Gym	Gym
6:30 am - 9:00 pm	Gym Open to Public	Gym
9:30 am - 10:15 am	Aqua fitness	Large pool
4:00 pm - 5:00 pm	Junior Gym (age 11+)	Gym
8:00 pm - 9:00 pm	Family Gym	Gym