

# Fitness sessions

## Costello Stadium

Accurate as of 22/11/2024

### Times for Sunday 24 November



Time	Session	Facility
9:00 am - 10:00 am	Boot camp	Activity Hall
9:00 am - 3:00 pm	Gym Open to Public	Gym
9:00 am - 3:00 pm	Family Gym	Gym