

Fitness sessions

Costello Stadium

Accurate as of 22/11/2024

Times for Thursday 28 November



Time	Session	Facility
7:30 am - 9:00 pm	Gym Open to Public	Gym
3:30 pm - 5:30 pm	Junior gym	Gym
7:00 pm - 7:30 pm	Abs Blast 30	Activity Hall
7:00 pm - 9:00 pm	Family Gym	Gym