

# Fitness sessions

## Costello Stadium

Accurate as of 24/11/2024

### Times for Saturday 30 November



Time	Session	Facility
9:00 am - 3:00 pm	Gym Open to Public	Gym
9:00 am - 3:00 pm	Family Gym	Gym
12:00 pm - 1:00 pm	Junior gym	Gym