


Fitness sessions timetable

Albert Avenue Pools

Accurate as of 03/05/2024

Times for Tuesday 30 April			
Time	Session	Facility	
7:00 am - 9:00 pm	Leisure centre closed	Studio	
6:00 pm - 7:00 pm	Yoga	Studio	
7:00 pm - 8:00 pm	Pilates	Studio	