Sauna and steam sessions timetable Woodford Leisure Centre

Accurate as of 21/05/2024

| Times for Saturday 20 April | | |
|-----------------------------|-----------------|------------|
| Time | Session | Facility |
| 8:30 am - 3:00 pm | Sauna Open | Sauna |
| 8:30 am - 3:00 pm | Steam Room Open | Steam Room |