

# Studio Timetable

## Wolverton Swimming & Fitness Centre

Accurate as of 27/07/2024

### Times for Sunday 28 July



Time	Session	Facility
08:45 - 09:30	Strike Aerobics	Main Studio
09:45 - 10:45	BODYPUMP™	Main Studio
11:00 - 12:00	Pilates	Main Studio
12:00 - 12:30	Core	Main Studio