

Studio Timetable

Wolverton Swimming & Fitness Centre

Accurate as of 03/09/2024

Times for Sunday 1 September



Time	Session	Facility
08:45 - 09:30	Strike Aerobics	Main Studio
09:45 - 10:45	BODYPUMP™	Main Studio
11:00 - 12:00	Pilates	Main Studio
12:00 - 12:30	Core	Main Studio