## **Dovedale exercise class timetable** Dovedale Sports Centre

## Accurate as of 08/09/2024

Times for Saturday 14 September				0
Time	Session	Facility	Instructor	Туре
09:00 - 10:00	LBT	Studio	Francis	Cardio
10:15 - 11:15	Yoga	Studio	Ezra	Mind/Body