

# Whole Centre Timetable

## Haltwhistle Swimming & Leisure Centre

Accurate as of 28/07/2024

### Times for Thursday 25 July



Time	Session	Facility
9:00 am - 9:45 am	Shallow Water Aquafit	Outdoor Pool (25.0m)
9:00 am - 2:00 pm	Soft Play	Main Hall
10:00 am - 10:30 am	Why Weight	Main Hall
10:00 am - 5:00 pm	General Swim	Outdoor Pool (25.0m)
10:30 am - 11:15 am	Easy Gym Fit	Gym
4:15 pm - 5:15 pm	Junior Gym (12-16 yrs)	Gym
6:00 pm - 6:45 pm	Spinning	Studio
6:15 pm - 7:00 pm	Deep Water Aquafit	Outdoor Pool (25.0m)
7:00 pm - 7:45 pm	Lane Swim	Outdoor Pool (25.0m)
7:15 pm - 8:15 pm	Junior Gym (12-16 yrs)	Gym