

# Whole Centre Timetable

## Haltwhistle Swimming & Leisure Centre

Accurate as of 31/07/2024

### Times for Tuesday 6 August



Time	Session	Facility
9:00 am - 10:00 am	Lane Swim	Outdoor Pool (25.0m)
10:00 am - 5:00 pm	General Swim	Outdoor Pool (25.0m)
10:30 am - 11:30 am	Yoga	Studio
10:30 am - 11:30 am	Walking Group	Main Hall
12:00 pm - 1:00 pm	Chair Yoga	Studio
3:00 pm - 7:00 pm	Soft Play	Main Hall
5:00 pm - 7:00 pm	Swimming Lessons	Outdoor Pool (25.0m)
6:00 pm - 6:45 pm	Spinning	Studio
7:00 pm - 7:45 pm	Box Fit	Studio
7:00 pm - 7:45 pm	Deep Water Aquafit	Outdoor Pool (25.0m)
7:00 pm - 8:00 pm	Junior Gym (12-16 yrs)	Gym