

# Whole Centre Timetable

## Haltwhistle Swimming & Leisure Centre

Accurate as of 23/11/2024

### Times for Tuesday 19 November



Time	Session	Facility
10:30 am - 11:30 am	Yoga	Studio
10:30 am - 11:30 am	Walking Group	Main Hall
12:00 pm - 1:00 pm	Chair Yoga	Studio
3:50 pm - 4:50 pm	Sporting Heroes	Main Hall
4:00 pm - 5:00 pm	Junior Football 1 (girls only)	Main Hall
5:00 pm - 6:00 pm	Junior Football 2	Main Hall
6:00 pm - 6:45 pm	Spinning	Studio
6:00 pm - 7:00 pm	Junior Football 3	Main Hall
7:00 pm - 7:45 pm	Box Fit	Studio
7:00 pm - 8:00 pm	Junior Football 4	Main Hall
8:00 pm - 9:00 pm	Junior Gym (12-16 yrs)	Gym