

# Kids, Teens & Family Classes & Activities

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 07/05/2024

### Times for Wednesday 28 August



Time	Session	Facility
15:30 - 17:30	Junior Gym 14-16yrs	Y:Active Fitness Studio
17:15 - 17:45	Kid's Box Fit (8-12yrs)	Y:Active Fitness Studio