

# Kids, Teens & Family Classes & Activities

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 19/05/2024

Times for Sunday 1 September

Time	Session	Facility
08:00 - 18:00	Junior Gym 14-16yrs	Poulton Community YMCA
15:00 - 15:45	Adventure Fun Swim (Swimmers 8+)	Swimming Pool