

Kids, Teens & Family Classes & Activities

Poulton Ymca Swimming & Fitness Centre

Accurate as of 18/05/2024

Times for Tuesday 14 January

Time	Session	Facility
15:30 - 17:30	Junior Gym 14-16yrs	Y:Active Fitness Studio
16:30 - 17:00	Dodgeball Fitness (8yrs+)	Y:Active Fitness Studio