## exercise class programme Sport Martley Leisure Centre

## Accurate as of 03/05/2024

Times for Monday 11 November			<b>(</b>
Time	Session	Facility	Level
6:00 pm - 6:45 pm	Legs, Bums & Tums	sports hall	all levels
6:45 pm - 7:30 pm	Freedom Indoor Cycling	studio	all levels