


# exercise class programme

## Sport Martley Leisure Centre

Accurate as of 19/05/2024

Times for Monday 29 April				
Time	Session	Facility	Level	
6:00 pm - 6:45 pm	Legs, Bums & Tums	sports hall	all levels	
6:45 pm - 7:30 pm	Freedom Indoor Cycling	studio	all levels	
7:30 pm - 8:15 pm	Freedom Indoor Cycling	studio	all levels	