## exercise class programme Brecon Leisure Centre

## Accurate as of 03/05/2024

Times for Monday 11 December				<b>(</b>
Time	Session	Facility	Туре	
6:00 pm - 7:00 pm	Pilates	studio 2	Mind Body Training	
6:30 pm - 7:30 pm	Boxercise	studio 1	Strength / Toning	