exercise class programme Brecon Leisure Centre

Accurate as of 03/05/2024

Times for Tuesday 12 December				()
Time	Session	Facility	Туре	
6:30 am - 7:30 am	Freedom Bootcamp	sports hall	Small Group Exercise Sessions	
10:00 am - 11:00 am	Stretch & Tone	studio 1	Strength / Toning	