## exercise class programme Brecon Leisure Centre

Accurate as of 29/04/2024

| Times for Friday 26 July |         |          |                    | <b>(</b> |
|--------------------------|---------|----------|--------------------|----------|
| Time                     | Session | Facility | Туре               |          |
| 11:30 am - 12:30 pm      | Yoga    | studio 1 | Mind Body Training |          |