exercise class programme Bro Ddyfi Leisure Centre

Accurate as of 07/05/2024

| Times for Sunday 20 October | | | • |
|-----------------------------|------------|-------------------------|--------------------|
| Time | Session | Facility | Туре |
| 10:30 am - 12:00 pm | Hatha Yoga | Neuadd BowlioBowls Hall | Mind Body Training |