exercise class programmeRhayader Leisure Centre

Accurate as of 15/05/2024

| Times for Tuesday 17 July | | | |
|---------------------------|-----------------------|--------------------------------|-------------------|
| Time | Session | Facility | Туре |
| 7:30 pm - 8:30 pm | Fit Steps (Cancelled) | Neuadd Chwaraeon / Sports Hall | Strength / Toning |