

# public swimming times

## Bro Ddyfi Leisure Centre

Accurate as of 17/05/2025

### Times for Monday 14 October



Time	Session	Facility
7:30 am - 9:00 am	Nofio Lon / Lane Swim	Prif pwll--Main pool
9:00 am - 10:00 am	60+ Nofio am Ddim / 60+ Freeswim	Prif pwll--Main pool
10:45 am - 11:15 am	Nofio Ysgolion / School Swimming	Prif pwll--Main pool
11:30 am - 1:00 pm	Nofio Cyhoeddus / Public Swim	Prif pwll--Main pool
4:00 pm - 6:30 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Prif pwll--Main pool
6:45 pm - 8:00 pm	Nofio Cyhoeddus / Public Swim	Prif pwll--Main pool
8:00 pm - 9:00 pm	Nofio Lon / Lane Swim	Prif pwll--Main pool