

# public swimming times

## Bro Ddyfi Leisure Centre

Accurate as of 17/05/2025

### Times for Thursday 5 December



Time	Session	Facility
7:30 am - 9:00 am	Nofio Lon / Lane Swim	Prif pwll--Main pool
9:00 am - 10:00 am	60+ Nofio am Ddim / 60+ Freeswim	Prif pwll--Main pool
4:00 pm - 6:00 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Prif pwll--Main pool
6:05 pm - 6:35 pm	Adult Coaching	Prif pwll--Main pool
6:35 pm - 8:00 pm	Nofio Lon / Lane Swim	Prif pwll--Main pool
8:00 pm - 9:00 pm	Nofio Ffitrwydd i Oedolion / Adult Fit Swim	Prif pwll--Main pool