

# public swimming times

## Knighton Sports Centre

Accurate as of 17/05/2025

### Times for Thursday 20 February



Time	Session	Facility
10:00 am - 11:00 am	Gwersi Dwys / Intensive Lessons	swimming pool
1:00 pm - 2:00 pm	Rookie Lifeguard	swimming pool
2:00 pm - 3:00 pm	Fflotiau / Floats Session	swimming pool