public swimming times Llanidloes Sports Centre

Accurate as of 03/05/2024

| Times for Friday 21 July | | | (|
|--------------------------|------------------------------------|----------------------------|----------|
| Time | Session | Facility | |
| 8:00 am - 8:45 am | Nofio Ben Bore / Early Risers Swim | Pwll Nofio / Swimming Pool | |
| 1:00 pm - 3:00 pm | Nofio Ysgolion / School Swimming | Pwll Nofio / Swimming Pool | |
| 3:45 pm - 4:30 pm | Clwb Nofio / Swimming Club | Pwll Nofio / Swimming Pool | |
| 4:30 pm - 5:15 pm | Clwb Nofio / Swimming Club | Pwll Nofio / Swimming Pool | |
| 5:15 pm - 6:00 pm | Gwersi i Oedolion / Adult Lessons | Pwll Nofio / Swimming Pool | |
| 6:00 pm - 7:00 pm | Sblash Hwyl / Fun Splash | Pwll Nofio / Swimming Pool | |
| 7:00 pm - 8:00 pm | Nofio Cyhoeddus / Public Swim | Pwll Nofio / Swimming Pool | |
| 8:00 pm - 9:00 pm | Nofio Lon / Lane Swim | Pwll Nofio / Swimming Pool | |