## public swimming times Llanidloes Sports Centre

## Accurate as of 29/04/2024

Times for Friday 28 July			<b>(</b>
Time	Session	Facility	
8:00 am - 8:45 am	Nofio Ben Bore / Early Risers Swim	Pwll Nofio / Swimming Pool	
1:00 pm - 3:00 pm	Nofio Ysgolion / School Swimming	Pwll Nofio / Swimming Pool	
3:45 pm - 4:30 pm	Clwb Nofio / Swimming Club	Pwll Nofio / Swimming Pool	
4:30 pm - 5:15 pm	Clwb Nofio / Swimming Club	Pwll Nofio / Swimming Pool	
5:15 pm - 6:00 pm	Gwersi i Oedolion / Adult Lessons	Pwll Nofio / Swimming Pool	
6:00 pm - 7:00 pm	Sblash Hwyl / Fun Splash	Pwll Nofio / Swimming Pool	
7:00 pm - 8:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool	
8:00 pm - 9:00 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool	