

# public swimming times

## Llanidloes Sports Centre

Accurate as of 13/05/2024

Times for Friday 29 September

| Time              | Session                            | Facility                   |
|-------------------|------------------------------------|----------------------------|
| 8:00 am - 8:45 am | Nofio Ben Bore / Early Risers Swim | Pwll Nofio / Swimming Pool |
| 1:00 pm - 3:00 pm | Nofio Ysgolion / School Swimming   | Pwll Nofio / Swimming Pool |
| 3:45 pm - 4:30 pm | Clwb Nofio / Swimming Club         | Pwll Nofio / Swimming Pool |
| 4:30 pm - 5:15 pm | Clwb Nofio / Swimming Club         | Pwll Nofio / Swimming Pool |
| 5:15 pm - 6:00 pm | Gwersi i Oedolion / Adult Lessons  | Pwll Nofio / Swimming Pool |
| 6:00 pm - 7:00 pm | Splash Hwyl / Fun Splash           | Pwll Nofio / Swimming Pool |
| 7:00 pm - 8:00 pm | Nofio Cyhoeddus / Public Swim      | Pwll Nofio / Swimming Pool |
| 8:00 pm - 9:00 pm | Nofio Lon / Lane Swim              | Pwll Nofio / Swimming Pool |