## **public swimming times Llanidloes Sports Centre**

## Accurate as of 30/04/2024

| Times for Thursday 25 January |  |                            |
|-------------------------------|--|----------------------------|
| Time                          | Session  | Facility                   |
| 9:15 am - 10:00 am            | Nofio Ysgolion / School Swimming                   | Pwll Nofio / Swimming Pool |
| 11:15 am - 1:15 pm            | Nofio Ysgolion / School Swimming                   | Pwll Nofio / Swimming Pool |
| 1:30 pm - 3:00 pm             | Gwersi Nofio Seren For / Starfish Swimming Lessons | Pwll Nofio / Swimming Pool |
| 3:45 pm - 4:30 pm             | Gwersi Nofio Seren For / Starfish Swimming Lessons | Pwll Nofio / Swimming Pool |
| 4:30 pm - 5:30 pm             | Gwersi Nofio Seren For / Starfish Swimming Lessons | Pwll Nofio / Swimming Pool |
| 5:30 pm - 6:30 pm             | Nofio Cyhoeddus / Public Swim                      | Pwll Nofio / Swimming Pool |
| 8:00 pm - 9:00 pm             | Merched yn Unig / Ladies Only                      | Pwll Nofio / Swimming Pool |