public swimming times Llanidloes Sports Centre

Accurate as of 04/04/2024

Times for Monday 23 July		
Time	Session	Facility
10:00 am - 11:00 am	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
11:00 am - 12:00 pm	60+ Nofio am Ddim / 60+ Freeswim	Pwll Nofio / Swimming Pool
1:00 pm - 2:00 pm	Sblash Hwyl / Fun Splash	Pwll Nofio / Swimming Pool
2:00 pm - 3:00 pm	Nofio i'r Teulu / Family Swim	Pwll Nofio / Swimming Pool
4:00 pm - 6:15 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Pwll Nofio / Swimming Pool
6:15 pm - 7:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
7:00 pm - 8:00 pm	Erobeg yn y D_r / Aqua Aerobics	Pwll Nofio / Swimming Pool
8:00 pm - 9:00 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool