

public swimming times

Llanidloes Sports Centre

Accurate as of 30/04/2024

Times for Thursday 4 October



| Time | Session | Facility |
|--------------------|--|----------------------------|
| 9:15 am - 10:00 am | Nofio Ysgolion / School Swimming | Pwll Nofio / Swimming Pool |
| 11:15 am - 1:15 pm | Nofio Ysgolion / School Swimming | Pwll Nofio / Swimming Pool |
| 1:30 pm - 3:00 pm | Gwersi Nofio Seren For / Starfish Swimming Lessons | Pwll Nofio / Swimming Pool |
| 3:45 pm - 4:30 pm | Gwersi Nofio Seren For / Starfish Swimming Lessons | Pwll Nofio / Swimming Pool |
| 4:30 pm - 5:30 pm | Gwersi Nofio Seren For / Starfish Swimming Lessons | Pwll Nofio / Swimming Pool |
| 5:30 pm - 6:30 pm | Nofio Cyhoeddus / Public Swim | Pwll Nofio / Swimming Pool |
| 8:00 pm - 9:00 pm | Merched yn Unig / Ladies Only | Pwll Nofio / Swimming Pool |