

# public swimming times

## Llanidloes Sports Centre

Accurate as of 25/04/2024

### Times for Thursday 25 July



Time	Session	Facility
9:00 am - 10:00 am	Private Lessons	Pwll Nofio / Swimming Pool
10:00 am - 11:00 am	Private Hire	Pwll Nofio / Swimming Pool
11:30 am - 12:15 pm	Erobeg yn y D_r / Aqua Aerobics	Pwll Nofio / Swimming Pool
12:15 pm - 1:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
1:00 pm - 2:00 pm	Splash Hwyl / Fun Splash	Pwll Nofio / Swimming Pool
2:00 pm - 3:00 pm	Nofio i'r Teulu / Family Swim	Pwll Nofio / Swimming Pool
3:45 pm - 4:30 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Pwll Nofio / Swimming Pool
4:30 pm - 5:30 pm	Splash Hwyl / Fun Splash	Pwll Nofio / Swimming Pool
5:30 pm - 7:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
7:00 pm - 8:00 pm	Oedolion yn Nofio / Adult Swim	Pwll Nofio / Swimming Pool
8:00 pm - 9:00 pm	Merched yn Unig / Ladies Only	Pwll Nofio / Swimming Pool