

# public swimming times

## Llanidloes Sports Centre

Accurate as of 17/05/2025

### Times for Friday 26 July



Time	Session	Facility
8:00 am - 8:45 am	Nofio Ben Bore / Early Risers Swim	Pwll Nofio / Swimming Pool
9:00 am - 10:00 am	Private Lessons	Pwll Nofio / Swimming Pool
10:00 am - 11:00 am	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
11:00 am - 12:00 pm	Splash Hwyl / Fun Splash	Pwll Nofio / Swimming Pool
12:00 pm - 1:00 pm	Rhieni a Phlant Bach / Parent & Toddler	Pwll Nofio / Swimming Pool
1:00 pm - 3:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
4:00 pm - 5:15 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
5:15 pm - 6:00 pm	Gwersi i Oedolion / Adult Lessons	Pwll Nofio / Swimming Pool
6:00 pm - 7:00 pm	Splash Hwyl / Fun Splash	Pwll Nofio / Swimming Pool
7:00 pm - 8:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
8:00 pm - 9:00 pm	Oedolion yn Nofio / Adult Swim	Pwll Nofio / Swimming Pool