

# public swimming times

## Llanidloes Sports Centre

Accurate as of 06/05/2024

### Times for Tuesday 30 April



Time	Session	Facility
8:00 am - 8:45 am	Nofio Ben Bore / Early Risers Swim	Pwll Nofio / Swimming Pool
9:15 am - 11:30 am	Nofio Ysgolion / School Swimming	Pwll Nofio / Swimming Pool
12:00 pm - 12:30 pm	Splash a Sbri / Playgroup Splash	Pwll Nofio / Swimming Pool
1:00 pm - 3:00 pm	Nofio Ysgolion / School Swimming	Pwll Nofio / Swimming Pool
4:00 pm - 5:45 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Pwll Nofio / Swimming Pool
4:00 pm - 6:30 pm	Ysgol Nofio / Swim School	Pwll Nofio / Swimming Pool
6:30 pm - 7:30 pm	Erobeg yn y D_r / Aqua Aerobics	Pwll Nofio / Swimming Pool
6:30 pm - 7:30 pm	60+ Erobeg yn y D_r / 60+ Aqua Aerobics	Pwll Nofio / Swimming Pool
7:30 pm - 8:30 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool
7:30 pm - 8:30 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool