public swimming times Llanidloes Sports Centre

Accurate as of 19/05/2024

| Times for Friday 3 May | | |
|------------------------|------------------------------------|----------------------------|
| Time | Session | Facility |
| 8:00 am - 8:45 am | Nofio Ben Bore / Early Risers Swim | Pwll Nofio / Swimming Pool |
| 9:30 am - 12:30 pm | Nofio Ysgolion / School Swimming | Pwll Nofio / Swimming Pool |
| 1:00 pm - 1:45 pm | Erobeg yn y D_r / Aqua Aerobics | Pwll Nofio / Swimming Pool |
| 1:45 pm - 2:15 pm | Sblash a Sbri / Playgroup Splash | Pwll Nofio / Swimming Pool |
| 2:15 pm - 3:15 pm | Nofio Cyhoeddus / Public Swim | Pwll Nofio / Swimming Pool |
| 2:15 pm - 3:15 pm | 60+ Nofio am Ddim / 60+ Freeswim | Pwll Nofio / Swimming Pool |
| 3:45 pm - 5:15 pm | Clwb Nofio / Swimming Club | Pwll Nofio / Swimming Pool |
| 5:15 pm - 6:00 pm | Nofio Cyhoeddus / Public Swim | Pwll Nofio / Swimming Pool |
| 6:00 pm - 7:00 pm | Sblash Hwyl / Fun Splash | Pwll Nofio / Swimming Pool |
| 7:00 pm - 8:30 pm | Nofio Cyhoeddus / Public Swim | Pwll Nofio / Swimming Pool |