

# public swimming times

## Flash Leisure Centre

Accurate as of 05/08/2024

### Times for Sunday 11 August



| Time                | Session                                    | Facility                  |
|---------------------|--|---------------------------|
| 8:15 am - 9:30 am   | Nofio Cyhoeddus / Public Swim              | Pwll Nofio--Swimming Pool |
| 9:30 am - 11:00 am  | Nofio i'r Teulu / Family Swim              | Pwll Nofio--Swimming Pool |
| 11:00 am - 12:00 pm | Hwyl yn y D_r / Watermania                 | Pwll Nofio--Swimming Pool |
| 12:00 pm - 1:00 pm  | Hwyl yn y D_r / Watermania                 | Pwll Nofio--Swimming Pool |
| 1:00 pm - 2:00 pm   | Nofio Cyhoeddus / Public Swim              | Pwll Nofio--Swimming Pool |
| 1:00 pm - 2:00 pm   | U17 Nofio am Ddim / U17 Free Swim          | Pwll Nofio--Swimming Pool |
| 2:00 pm - 3:00 pm   | Ar Gael I'w Llogi / Pool Available to Hire | Pwll Nofio--Swimming Pool |
| 2:00 pm - 3:00 pm   | Nofio Cyhoeddus / Public Swim              | Pwll Nofio--Swimming Pool |
| 3:00 pm - 4:00 pm   | Nofio Cyhoeddus / Public Swim              | Pwll Nofio--Swimming Pool |
| 3:00 pm - 4:00 pm   | Ar Gael I'w Llogi / Pool Available to Hire | Pwll Nofio--Swimming Pool |