Fitness clases

Ancholme Leisure Centre

Accurate as of 26/04/2024

Times for Monday 10 December

Time	Session	Facility	Instructor
09:00 - 10:00	Yoga	Leisure Suite	Laura
10:00 - 11:00	Yoga	Leisure Suite	Laura
18:30 - 19:30	Group cycling	Leisure Suite	Andy
20:00 - 21:00	Aquacise	Main Pool	Mel