

# Fitness classes

## Ancholme Leisure Centre

Accurate as of 06/05/2024

### Times for Tuesday 16 April



Time	Session	Facility	Instructor
10:00 - 11:30	Yoga	Leisure Suite	Stuart
18:00 - 19:00	Group cycling	Leisure Suite	Andy
18:00 - 19:00	Les Mills BodyPump	Sports Hall	Sam
19:10 - 20:00	Boxercise	Sports Hall	Sam
19:15 - 20:45	Yoga	Leisure Suite	Stuart