

# Fitness classes

## Ancholme Leisure Centre

Accurate as of 01/05/2024

### Times for Tuesday 25 June



| Time          | Session            | Facility      | Instructor |
|---------------|--------------------|---------------|------------|
| 10:00 - 11:30 | Yoga               | Leisure Suite | Stuart     |
| 18:00 - 19:00 | Group cycling      | Leisure Suite | Andy       |
| 18:00 - 19:00 | Les Mills BodyPump | Sports Hall   | Jade       |
| 19:15 - 20:45 | Yoga               | Leisure Suite | Stuart     |