

Fitness classes

Ancholme Leisure Centre

Accurate as of 29/04/2024

Times for Saturday 29 February



Time	Session	Facility	Instructor
08:15 - 09:00	Virtual Les Mills BodyCombat	Leisure Suite	Virtual instructor
09:15 - 10:00	Virtual Sh'Bam	Leisure Suite	Virtual instructor
10:30 - 11:30	Group cycling	Leisure Suite	Pete
12:00 - 13:00	Virtual Les Mills BodyBalance	Leisure Suite	Virtual instructor