

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 29/04/2024

### Times for Thursday 21 February



Time	Session	Facility	Instructor
07:00 - 07:45	Group cycling	Studio	Annie
09:30 - 10:30	Les Mills BodyPump	Studio	Theo
10:30 - 11:15	Les Mills BodyAttack	Studio	Theo