

Fitness classes

Baysgarth Leisure Centre

Accurate as of 12/05/2024

Times for Thursday 21 February			
Time	Session	Facility	Instructor
07:00 - 07:45	Group cycling	Studio	Annie
09:30 - 10:30	Les Mills BodyPump	Studio	Theo
10:30 - 11:15	Les Mills BodyAttack	Studio	Theo