

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 25/04/2024

### Times for Thursday 28 February



| Time          | Session              | Facility | Instructor |
|---------------|----------------------|----------|------------|
| 07:00 - 07:45 | Group cycling        | Studio   | Annie      |
| 09:30 - 10:30 | Les Mills BodyPump   | Studio   | Katie M    |
| 10:30 - 11:15 | Les Mills BodyCombat | Studio   | Katie M    |