

# Fitness classes

## Baysgarth Leisure Centre

Accurate as of 17/05/2025

### Times for Thursday 27 June



Time	Session	Facility	Instructor
07:15 - 08:00	Group Cycling	Sports Hall	Annie
09:30 - 10:30	Les Mills BodyPump	Sports Hall	Lisa
10:30 - 11:15	Les Mills BodyCombat	Sports Hall	Lisa
18:00 - 19:00	Legs, Bums & Tums (LBT)	Providence House	Kelly
19:10 - 20:10	Les Mills BodyPump	Providence House	Kelly