

Fitness classes

Baysgarth Leisure Centre

Accurate as of 17/05/2025

Times for Thursday 19 September



Time	Session	Facility	Instructor
07:00 - 07:45	Group Cycling	Studio	Annie
09:30 - 10:30	Les Mills BodyPump	Studio	Anais
10:30 - 11:15	Les Mills BodyCombat	Studio	Anais