## Fitness classes Baysgarth Leisure Centre

## Accurate as of 18/08/2024

| Times for Saturday 24 August |                       |          | •                  |
|------------------------------|-----------------------|----------|--------------------|
| Time                         | Session               | Facility | Instructor         |
| 07:45 - 08:15                | Virtual Les Mills RPM | Studio   | Virtual instructor |
| 11:30 - 15:00                | Virtual on demand     | Studio   | Virtual instructor |